

**JMJ COLLEGE FOR WOMEN (AUTONOMOUS)**

**TENALI**



**Report On**

**One Week**

**Student Induction Programme  
(SIP)**

**17<sup>th</sup> to 22<sup>nd</sup> June, 2019**

**Under the aegis of**

**University Grants Commission**

**(Ministry of HRD, Government of India)**

**New Delhi**

# **ONE WEEK INDUCTION PROGRAMME FOR FRESHERS**

**17.06.2019 to 22.06.2019**

## **OBJECTIVES**

The main objective of Student Induction Programme is to enable the students adjust and feel comfortable in the new environment and nature of the college. It helps them to inculcate ethos and culture of the institution and to build bonds with other students and faculty. The programme educate the students about the institutional policies, norms, practices, mentoring system, culture and values, activities and committees through which they develop their whole personality.

Activities conducted under Induction Programme:

- a) **Physical activity:** The students were given Yoga Practice every morning and games and Sports were conducted in the evening. The students enjoyed the events and developed team spirit and leadership qualities.
- b) **Mentoring:** The students were divided and each staff was given 20 to 25 students to interact and to explore their inner strength, skills and talents. It created a family spirit to know each other and to enjoy the company of every one. The bond between students and staff enhanced through interactions about their family members, student aspirations, sense of gratitude, human values, self-awareness, maintain good relationship with others, balancing the routine pressure, time management, discipline, bright future, issues of life and their responsibility in the development of the society etc.
- c) **Familiarization with the Departments and other facilities:** The students were taken to various departments, Computer Labs, Laboratories, Library, ICT facilities, Gymnasium, Seminar Halls, Canteen, Health Centre, Counselling Centre etc.
- d) **Creative Arts & Culture:** The Cultural Committee conducted various competitions like singing, painting, play let, dancing etc. and the students enjoyed and exhibited their talents.
- e) **Literary Activities:** The students were given some articles and books to read and motivated them to write in a essay form or summary of it to bring out their spontaneity and to enhance their art of writing.
- f) **Lectures by Eminent People:** The senior lectures delivered talks on various topics like **How to achieve Aspirations and goals, Family Expectations, Ethics and Human Values, Female Health & Hygiene, Importance of Communication and Soft Skills, Placements** etc.

- g) **Visits to local area:** The students visited Swadhar Home for the women in difficult circumstances learnt about the struggle of the abundant and poor.

## **SCHEDULE**

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### **DAY ONE: 17<sup>Th</sup> JUNE 2019 (MONDAY)**

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- 9.30 AM:**        **INAUGURAL SESSION**  
Prayer Service and Lighting the Lamp
- 10:30 AM**        **WELCOME ADDRESS**  
Dr.Sr.Shiny, Principal of JMJ College
- 10.00 AM:**        **INTRODUCTION OF INDUCTION PROGRAMME**  
Dr.S.Uma Maheswari, Coordinator – SIP
- 11.00 AM:**        **BRIEF ABOUT COLLEGE & COMMITTEES (Power Point Presentations)**  
Ms.N.Vimala Devi - HOD of English and Committee Conveners
- 12.00 Noon:**     **SCHOLARSHIPS AND OTHER OPPORTUNITIES**  
Ms. Rani - Senior Clerk and Dr.P.MPadmalatha Academic Convener
- 12.30 PM:**        **Lunch**
- 1.30 PM:**        **FAMILIARIZATION OF COLLEGE / DEPARTMENTS**  
In Charge: College Induction Committee Members
- 4.00PM:**        **INTERACTION WITH SENIORS**  
In Charge : Ms. Vanaja & Ms.Vijaya Lakshmi

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### **DAY TWO: 18<sup>Th</sup> JUNE 2019 (TUESDAY)**

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- 6.00 AM:**        **RISING**
- 6.45 AM:**        **PHYSICAL ACTIVITY (YOGA / Light Exercises)**  
In Charge: Ms. E.Pranavi & Ms. Miriam , Sr.Maria
- 8.00 AM:**        **BREAKFAST**
- 9.30 AM:**        **Motivational Speeches:**
- A. STUDENT ASPIRATIONS, FAMILY EXPECTATIONS**  
Ms K.Prameela, HOD of Botany
- B. GRATITUDE**  
Ms.P.Hemalatha, HOD of Home Science
- C. SELF AND BODY**  
Dr.S. Uma Maheswari, Coordinator – SIP

(Each Speech Followed by Assignment /Group Discussion/Extempore and Feed Back etc.)

- 12.30 PM:** LUNCH
- 1.30 PM:** CREATIVE ART AND CULTURE (Best out of Waste)  
In Charge: Ms. Vasundara, Ms. Usha, Ms. Kalpana, Ms. Asha
- 4.00 PM:** SPORTS (OUTDOOR / INDOOR)  
Ms.K.Auna Sujatha and Sports Committee Members
- 5.00 PM:** REST
- 6.30 PM:** Movie  
In Charge: Ms. Sr. Fatima & Ms. Rama Koteswaramma

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**DAY THREE: 19<sup>Th</sup> JUNE 2019 (WEDNESDAY)**

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- 6.00 AM:** RISING
- 6.45 AM:** PHYSICAL ACTIVITY (YOGA / Light Exercises)  
In Charge: Ms. Saroja & Ms. Naveena , Sr. Fatima
- 8.00 AM:** BREAKFAST
- 9.30 AM:** Motivational Speeches:
- A. PEER PRESSURE  
Ms.M.Miriam, Department of Political Science
  - B. PROSPORITY  
Dr.K.Nirmala Jyothi, Department of Chemistry
  - C. RELATIONSHIPS IN FAMILY  
Ms. Arunodaya, Department of Physics
- (Each Speech Followed by Assignment /Group Discussion/Extempore and Feed Back etc.)
- 12.30 PM:** LUNCH
- 1.30 PM:** MUSIC/ANTAKSHRI/INSTRUMENT PLAY/ DANCE/TEAM ACTIVITY  
In Charge: Telugu Department
- 4.00 PM:** GAMES  
Ms.K.Auna Sujatha and Sports Committee Members
- 5.00 PM:** REST
- 6.30 PM:** Movie  
In Charge: Sr.Fatima & Sr. Maria

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**DAY FOUR: 20<sup>th</sup> JUNE 2019 (THURSDAY)**

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- 6.00 AM: RISING**
- 6.45 AM: PHYSICAL ACTIVITY (YOGA / Light Exercises)**  
**In Charge: Ms. Naveena & Ms. Renuka**
- 8.00 AM: BREAKFAST**
- 9.30 AM: Motivational Speeches:**  
**A. TRUST IN RELATIONSHIP**  
**Ms.M.Aruna, Department of Zoology**  
**B.MAINTAINING GOOD RELATIONSHIP**  
**Ms.B.Mary Kumari, HOD of Telugu**  
**C.ANTI RAGGING AND SEXUAL HARASSMENT ACTS**  
**Dr. R.Poornima, Dept of Political Science**  
**(Each Speech Followed by Assignment /Group Discussion/Extempore and Feed Back etc.)**
- 12.30 PM: LUNCH**
- 1.30 PM: MUSIC/ANTAKSHRI/INSTRUMENT PLAY/ DANCE/TEAM ACTIVITY**  
**In Charge: Telugu Department**
- 4.00 PM: GAMES**  
**Ms.K.Auna Sujatha and Sports Committee Members**
- 5.00 PM: REST**
- 6.30 PM: Movie**  
**In Charge: Sr.Fatima & Ms. Miriam**
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**DAY FIVE: 21<sup>st</sup> JUNE 2019 (FRIDAY)**

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- 6.00 AM: RISING**
- 7.00 AM: BREAKFAST**
- 9.00 AM: INTERNATIONAL YOGA DAY CELEBRATIONS**  
**In Charge: Ms. Parimala, Ms. Shakeena, Ms.Bhavani, Ms. Keerthana**
- 11.00 AM: EXCHANGE OF VIEWS BETWEEN STUDENTS AND FACULTY**  
**Induction Committee Members**
- 12.30 AM: LUNCH**
- 2.30 PM: LITERARY ACTIVITY: Essay/Debate/ other**  
**In Charge: Dr.Nirmala Jyothi & Literary Committee Members**
- 3.30 PM: Guest Lecture on "Female Health and Hygiene"**
- 5.00 PM: CLEANLINESS CAMPAIGN**  
**In Charge: Ms.K.Aruna Sujatha and NCC & NSS Committee Members**

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## DAY SIX: 22<sup>nd</sup> JUNE 2019 (SATURDAY)

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- 6.00 AM:** RISING
- 6.45 AM:** PHYSICAL ACTIVITY (Yoga/light exercise/ Aerobics)  
In Charge: Ms.E.Pranavi & Ms. Saroja
- 8.00 AM:** BREAKFAST
- 9.30 AM:** PLACEMENTS  
Dr. Sudhakaraiah, Coordinator of Placement Cell
- 10.00 AM:** COLLEGE RULES AND REGULATIONS  
Ms K.Prameela, HOD of Botany
- 10.30 AM:** STUDENT SUPPORT SERVICES  
Ms.P.Hemalatha, HOD of Home Science
- 11.00 AM:** CREDIT SYSTEM  
Dr.Ch.Sarojini, Controller of Examinations
- 11.30 AM:** FEED BACK, SUGGESTIONS  
All Induction Committee Members
- 12.00 Noon:** CLOSING/VALIDICTORY FUNCTION

### REPORT ON THE ACTIVITIES OF 5 DAYS STUDENT INDUCTION PROGRAMME

#### Day 1: 17<sup>th</sup> June, 2019

The Induction Programme started with the inaugural ceremony followed by lighting the lamp on 17<sup>th</sup> June, 2019 at 10 A.M.in the Mini Auditorium. The students and staff participated with great enthusiasm and interest.



The new students were warmly welcomed by Dr Sr. Shiny K.P, the Principal of JMJ College for Women, Tenali. She briefly explained about the history of JMJ College for Women and the pioneers who started the college with the vision of empowering the young girls into women of character and competent. She stated that the students are lucky to have good exposure and to

learn about the nature of the college during one week of induction programme. She stressed on setting a goal in life and work hard to achieve the same with great dedication. She also motivated the students to acquire new knowledge and skills in order to attain a bright future.



After welcoming, Dr. S.Uma Maheswari, Coordinator of SIP briefly explained about the importance and benefits of conducting **Induction programme** for the new students.



The students were taken to the historical background, achievements and various committees, Clubs and Cells of the college through PPT presentation by Ms.N.Vimala Devi, HoD of English. Mrs.Sobha Rani, Librarian inspired the students about the use of N-List, NEW GenLib Software, OPAC and other recent reference books and journals available in the library other than the subjects books.



Dr P.M.Padmalatha, Academic Committee Convener along with Ms. A.Rani, Incharge of scholarships explained about availability of various scholarships and other financial opportunities which would enable them to carry out their academic journey successfully.



In the afternoon, the students were taken to campus tour exposing them to laboratories, departments, ICT facilities, Language Lab, Seminal Halls etc.





After getting familiarized with various departments and other facilities of the college, Ms.M. Vanaja and Ms.D. Vijaya Lakshmi encouraged an interaction session between senior students and fresh students. The interaction was very cordial, smooth and friendly.

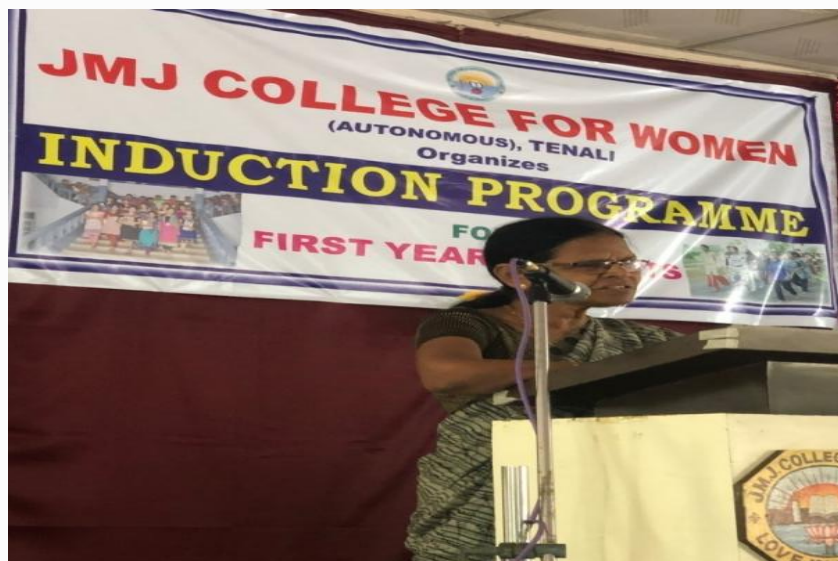


## Day 2: 18<sup>th</sup> June 2019

The Second day started with Yoga and the staff members Ms.E.Pranavi and Ms.Miriam practiced yoga along with students.



Ms.K Prameela, HoD of Botany delivered a speech on **Aspirations of the Students and Family Expectations**. She motivated them to set goals and to give most priority to achieve the goals. She stressed on students need to develop positive attitudes and thoughts to attain a good future.



The students were divided into different groups and they discussed their goals, desires, aspirations and how to achieve them through hard work and discipline. The students were asked to write a note about the person who inspired and influenced them. Parents expect from their children to grow maturely focusing on their studies achieving their dreams.

Ms.P.Hemalatha, HOD of Home Science spoke on **Gratitude**. She highlighted that everyone should be thankful for what we have and received from others. We need to appreciate the goodness of others and return kindness to the people around us. The benefit of practicing or saying gratitude is endless as such people would be more positive and successful in life. The family members also need to support for the growth of their children. The students learnt to be grateful for what they are and all that they received from their teachers, parents, siblings, relatives, neighbors and friends.



Dr. S.Uma Maheswari, the Coordinator of SIP spoke about Self, **Mind and Body**. She discussed with the students regarding the interrelationship of our self, body and mind. The self is the agent being the source of consciousness, and responsible for the thoughts of mind and actions. The persons would be happy if the needs of the self, mind and body is fulfilled. Mental needs like trust, respect, happiness, right feelings, desiring and thinking are different from body needs like food, clothing, breathing and other physical facilities. Students need to differentiate them and should not inter-mix these needs and create disharmony in life.



After the talk Quiz and Group discussions and Extempore was conducted by the lecturers Ms.K. Prameela, Ms. P.Hemalatha and Dr. S.Uma Maheswari.

In the afternoon, Creative Art and Culture classes were conducted by MsVasundhara, MS Usha, MsKalpana and MsAsha. The students were shown innovative things done out of waste materials by the senior students. The students also participated in singing and music.



In the evening, Sports and Games were conducted to develop the team work and togetherness among the students followed by presenting an inspirational movie.



### **DAY 3: 19<sup>th</sup> June, 2019**

The third day started with warming up exercises and yoga from 6.45AM to 7.30AM. The staff Ms.J.Saroja & Ms. G.Naveena assisted the students.



Ms.M.Miriam lecturer in Political Science delivered a lecture on **Dealing with Peer Pressure**. She explained that peer pressure is a struggle to fit in or to be accepted and respected by other classmates. The easy method to deal with peer pressure is to mingle with the classmates freely. when the students learn and adjust to the behaviors, attitudes and values of others one becomes aware of one's own existence and behaviors. The students were given sufficient time to learn about each other and to enjoy each other's company.



Dr. K Nirmala Jyothi, lecturer in Chemistry spoke on **Prosperity**. She highlighted on the points of achieving a bright future through indigenous prosperity. The students need to work hard to enjoy the fruits of the prosperity. They need to learn to use the facilities and resources of the college maintaining a harmonious relationship with others.



After the talk, the staff conducted group discussions, quiz and extempore of Quiz/Group discussions and Extempore to explore new insights on the above topic.

Ms.K.Arunodaya, Lecturer in Physics delivered a lecture on **Relationships in Family**. She highlighted on the seven types of relationships, i.e., parent-child, teacher-student, brother-sister, friends, leader-assistant, husband-wife and system related. She also stressed upon nine important values that have to be practiced by all of us such as **Trust, Respect, Affection, Care, Guidance, Reverence, Glory and Love**.



In the afternoon, the Cultural Committee and Dept. of Telugu entertained the students with various activities like music, dance, role-play, mime and so on to cheer the students. Students played Antakshari and enjoyed the songs. The staff also joined with the students and the students really enjoyed the day. In the evening, the students watched an encouraging movie.



#### DAY 4: 20<sup>th</sup> June, 2019

The students practiced Yoga with great enthusiasm in the morning. The staff Ms. G.Naveena and Ms.M.Renuka assisted the students.



Ms.M.Aruna, IQAC Coordinator delivered a lecture on **Trust in Relationship**. She emphasized on the importance of building good relationship with one another. There many ways one can build trust in others like respecting, expressing the feelings sincerely, helping as and when need, taking risk together, be willing to give as well as receive etc. She also made the students to list out the persons whom they have trusted and their experience with them.

After this activity, Ms.B.Mary Kumari spoke on the topic **Respect in Relationship**. The students were motivated to accept the worth in other person inorder to respect and love them. Every person has different opinions, temperaments, attitudes and behaviors so we need to respect others



feelings, opinions and understand and give constructive corrections if necessary to maintain a healthy relationship.



Dr.R.Poornima, Lecturer in Political Science and the convener of Anti Ragging and Sexual Harassment Cell explained about **Ragging, Prohibition and Punishment**. She strongly spoke that the students should strictly desist from any kind of ragging. And if any student find doing any type of ragging would be dismissed from the college as it affect the life of the victim. She also introduced Anti -Ragging Committee Members and explained the rules of the college on ragging. She also explained about various measures taken to make our college ragging free campus.



In the evening, Dept.of Telugu conducted various activities like, street play, stand- up comedy, acting, mimicry, music etc. followed by games and sports were conducted by Ms.K.Aruna Sujatha, Physical Director. The students participated actively and enjoyed the movie thereafter.

#### **DAY 5: 21<sup>st</sup> June, 2019**

International Yoga Day was celebrated on the 5<sup>th</sup> day. The students practiced Yoga along with Yoga Guru Sri.Kumara Swamy and Ms.K.Nirguna, HoD of the Dept.of Chemistry. The Yoga guru highlighted the importance of practicing Yoga everyday to maintain a healthy body and mind. After the celebration, an interactive session was organized for the students.



In the afternoon, Essay writing and debates were conducted by Literary Committee and Dr. K.Nirmala Jyothi.



Dr.Mary Chaithanya, MBBS, Government Hospital, Tenali was the chief speaker in the afternoon. She spoke on **Female Health and Hygiene**. Women's hygiene is very important for personal health as it free from various disease such as skin diseases, respiratory diseases, gastro intestinal diseases etc. Hand washing is vital during the day to maintain healthy body.



In the evening, the students participated in Clean and Green Programme along with NCC and NSS students of the college. The NSS officer Ms.K.Aruna Sujatha assisted them.

#### **DAY 6: 22<sup>nd</sup> June, 2019**

The students started the day with Yoga and the lecturers Ms E. Pranavi and Ms E. Saroja assisted them. Dr.G.Sudhakar, the Coordinator of Placement Cell explained the functioning of the Placement Cell. He also spoke about summer JKC training programme, APSSDC Skill Development programme and Campus Drive for placement of the students in various companies like Genpact, Infosys, ILM, 24/7, HGS etc.. The students were inspired to enhance their communication skills, analytical skills, participation in group discussion, computer skills etc. to get good placement in various companies.



After the session, Ms. P.Hemalatha briefed about Student Support Services (SSS), available in the college. She stressed upon the opportunities available for the students through Student Support Services to complete their academic journey successfully.



Ms.K.Prameela, HoD of Botany spoke on the Rules and Regulations of the college. She highlighted on the vision and mission of the college, discipline and code of conduct, and other norms to be followed in the college to appear for the semester end examinations.




The Valedictory function was held in the afternoon. Dr. S.Uma Maheswari, the Coordinator of Induction Programme presented the report of one week induction programme. She summarized all the events conducted and the benefits of the programme as students were very happy to learn about the staff, management and college. Dr.Sr.Tresa Gade, the Correspondent of the college addressed the gathering and appreciated the new students for participating actively and learning about the college during induction programme. The Management and IQAC members interacted

and feedback was collected from the students. The students expressed that they felt very happy with the induction programme as they learnt the facilities available and became familiar with the management, staff and other students in the college.



**Dr.S.Uma Maheswari**  
Coordinator, SIP

**Principal**

	<b>JMJ COLLEGE FOR WOMEN (A), TENALI</b> <b>INDUCTION FEED BACK FORM</b>	<b>Review Date:</b>
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Student feedback is an important process within our Institute and an opportunity to gain the student views and opinions which will help us improve the quality and standards of our college.

Please circle the number you think is appropriate. The questionnaire is anonymous and as a result no-one will be able to trace your comments back to you.

### A. MY INDUCTION PROGRAMME

S.No	Description	Agree Strongly	Agree	Disagree	Disagree Strongly
1.	Was informative	4	3	2	1
2.	Was effectively designed	4	3	2	1
3.	Was well organized	4	3	2	1
4.	Helped me to feel more prepared	4	3	2	1
5.	Helped me to understand wider Institute services	4	3	2	1
6.	Helped me to feel more orientated	4	3	2	1
7.	Helped me to feel more at ease with my peers	4	3	2	1
8.	Encouraged interaction with my Teacher	4	3	2	1
9.	Was enjoyable	4	3	2	1
10.	Helped me to feel more at ease with my Teacher	4	3	2	1
11.	Information, advice and guidance provided by staff was appropriate	4	3	2	1
12.	Rooms used were adequate	4	3	2	1
13.	Overall I feel satisfied with my induction programme	4	3	2	1

## B. COMMUNICATION

S.No	Description	Agree Strongly	Agree	Disagree	Disagree Strongly
1.	Academic regulations were explained clearly	4	3	2	1
2.	I was Signposted to the Institute's regulations	4	3	2	1
3.	The regulations relating to assessments were clearly explained	4	3	2	1
4.	I received a attendance schedule	4	3	2	1
5.	Attendance requirements were clearly explained	4	3	2	1
6.	Communication during induction was adequate	4	3	2	1

## C. STUDY SKILLS AND STUDENT SUPPORT

S.No	Description	Agree Strongly	Agree	Disagree	Disagree Strongly
1.	I received a library induction	4	3	2	1
2.	I received information about Reference books and Journals	4	3	2	1
3.	Support for assistance with my study skills has been explained	4	3	2	1
4.	I received information about mentoring system	4	3	2	1
5.	I received information about support for a disability	4	3	2	1
6.	I received information about college support services	4	3	2	1
7.	I am content with the support services that are available to me	4	3	2	1
8.	MOOCs and other Online Examinations explained to me	4	3	2	1

**D. ARE YOU AWARE OF**

<b>S.No</b>	<b>Description</b>	<b>Excellent</b>	<b>Very Good</b>	<b>Good</b>	<b>Average</b>
1.	Academics	4	3	2	1
2.	Course Credit System	4	3	2	1
3.	Scholarships	4	3	2	1
4.	Departmental Activities	4	3	2	1
5.	Extra Curricular Activities	4	3	2	1
6.	Placements	4	3	2	1
7.	Anti Ragging and Discipline	4	3	2	1
8.	Student Calander	4	3	2	1
9.	Student Support Services	4	3	2	1

Please provide any further comments you think would be helpful to develop your personality and also to improve the Induction Programme.

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Name:

Class:

Signature: \_\_\_\_\_



## Analysis of Students' Feed Back

### A. MY INDUCTION PROGRAMME

S.No.	Description	No. of Students who			
		Agree Strongly	Agree	Disagree	Disagree Strongly
14.	Was informative	48	14	-	-
15.	Was effectively designed	39	23	-	-
16.	Was well organized	52	10	-	-
17.	Helped me to feel more prepared	52	10	-	-
18.	Helped me to understand wider Institute services	47	15	-	-
19.	Helped me to feel more orientated	46	16	-	-
20.	Helped me to feel more at ease with my peers	40	22	-	-
21.	Encouraged interaction with my Teacher	55	7	-	-
22.	Was enjoyable	49	13	-	-
23.	Helped me to feel more at ease with my Teacher	49	13	-	-
24.	Information, advice and guidance provided by staff was appropriate	55	7	-	-
25.	Rooms used were adequate	45	17	-	-
26.	Overall I feel satisfied with my induction programme	52	10	-	-

### B. COMMUNICATION

S.No.	Description	No. of Students who			
		Agree Strongly	Agree	Disagree	Disagree Strongly
1.	Academic regulations were explained clearly	59	3	-	-
2.	I was Signposted to the Institute's regulations	34	28	-	-

3.	The regulations relating to assessments were clearly explained	48	14	-	-
4.	I received a attendance schedule	52	10	-	-
5.	Attendance requirements were clearly explained	52	10	-	-
6.	Communication during induction was adequate	39	23	-	-

### C. STUDY SKILLS AND STUDENT SUPPORT

S.No.	Description	No. of Students who			
		Agree Strongly	Agree	Disagree	Disagree Strongly
1.	I received a library induction	57	5	-	-
2.	I received information about Reference books and Journals	49	13	-	-
3.	Support for assistance with my study skills has been explained	47	15	-	-
4.	I received information about mentoring system	34	28	-	-
5.	I received information about support for a disability	28	34	-	-
6.	I received information about college support services	54	8	-	-
7.	I am content with the support services that are available to me	46	16	-	-
8.	MOOCs and other Online Examinations explained to me	458	17	-	-

**D. ARE YOU AWARE OF**

S.No.	Description	No. of Students who			
		Agree Strongly	Agree	Disagree	Disagree Strongly
1.	Academics	49	13	-	-
2.	Course Credit System	48	14	-	-
3.	Scholarships	44	18	-	-
4.	Departmental Activities	50	12	-	-
5.	Extra Curricular Activities	50	12	-	-
6.	Placements	51	11	-	-
7.	Anti Ragging and Discipline	47	15	-	-
8.	Student Calander	46	16	-	-
9.	Student Support Services	49	13	-	-

**Dr.S.Uma Maheswari**  
Coordinator, SIP

**Principal**